



XIV MIZORAM POLICE SPORTS MEET 2011

RESULTS

CONTINGENT WISE MEDAL SCORE

NAME OF CONTINGENT	GOLD MEDAL	SILVER MEDAL	BRONZE MEDAL	POSITION
1 st Bn MAP	11	1	10	2 nd
2 nd Bn MAP	9	9	11	3 rd
3 rd Bn MAP	2	7	3	
1 st IR Bn	0	1	2	
2 nd IR Bn	6	1	2	
4 th IR Bn	0	1	7	
5 th IR Bn	1	1	4	
Northern Range	5	14	8	
Southern Range	1	3	2	
PHQ Group	5	12	8	
RED Group	19	11	11	1 st
MRHG	2	0	1	

Best Sports Men

Inspr. F.Lalhmingliana 1st Bn MAP - 5 Gold, 1 Bronze Medals

Best Sports Women

C/143 R.Lalnunhlimi Red Group - 7 Gold Medals

1. Long Jump (Men)

Gold - C/222 R.Lalnunmawia 2nd IR Bn 5.94 m
 Silver - C/242 Lalduhsanga 3rd Bn MAP 5.73 m
 Bronze - C/77 Zoremsiama 2nd Bn MAP 5.37 m

2. Long Jump (Women)

Gold - C/143 R.Lalnunhlimi Red Group 3.66 m
 Silver - C/160 Saidingpuii Sailo Northern Range 3.53 m
 Bronze - HC(Opr) R.Lalchhanhimi Red Group 3.37 m

3. High Jump (Men)

Gold - C/77 Zoremsiama 2nd Bn MAP 1.75 m
 Silver - C/ Vanlalsawma Royte PHQ Group 1.61 m
 Bronze - C/395 Vanlalngheta 2nd Bn MAP 1.58 m

4. High Jump (Women)

Gold - C/143 R.Lalnunhlimi Red Group 1.18 m
 Silver - HC(Opr) Lalnuntluangi Red Group 1.14 m
 Bronze - ASI Lalhlimpuii Hauhnar PHQ Group 1.10 m

5. Triple Jump (Men)

Gold - C/222 R.Lalnunmawia 2nd IR Bn 12.56 m
 Silver - C/183 TC Vanlalhruaia 2nd Bn MAP 12.29 m
 Bronze - C/717 F.Zothantluanga 1st Bn MAP 12.21 m

6. Triple Jump (Women)

Gold	-	C/143 R.Lalnunhlimi	Red Group	8.18 m
Silver	-	HC(Opr) R.Lalchhanhimi	Red Group	7.68 m
Bronze	-	C/ JH Laldingngheti	PHQ Group	7.20 m

7. Discuss Throw (Men)

Gold	-	C/48 Vanlalruata	2 nd Bn MAP	35.29 m
Silver	-	C/405 R.Lalbiakzuala	2 nd Bn MAP	33.93 m
Bronze	-	HC(Opr) H.Vanlalzuala	Red Group	31.22 m

8. Discuss Throw (Women)

Gold	-	C/160 Saidingpuii Sailo	Northern Range	22.93 m
Silver	-	C/49 Zokhumi Hnamte	Northern Range	20.89 m
Bronze	-	SI(M) Zodinthari	2 nd Bn MAP	18.93 m

9. Shotput (Men)

Gold	-	C/48 R.Vanlalruata	2 nd Bn MAP	10.88 m
Silver	-	Hav C.Lalhuma	2 nd IR Bn	10.76 m
Bronze	-	ASI(Ftr) Lalrikhuma	Red Group	10.64 m

10. Shotput (Women)

Gold	-	C/160 Saidingpuii Sailo	Northern Range	7.85 m
Silver	-	C/49 Zokhumi Hnamte	Northern Range	7.59 m
Bronze	-	HC(Opr) Lalduhawmi	Red Group	7.08 m

11. Javelin Throw (Men)

Gold	-	C/530 LH Lalvensanga	2 nd IR Bn	48.40 m
Silver	-	C/983 Lalhmuchhuaka	3 rd Bn MAP	47.04 m
Bronze	-	C/413 K.Lalnunsiana	4 th IR Bn	45.11 m

12. Javelin Throw (Women)

Gold	-	C(GD) H.Laldinchhungi	Red Group	23.30 m
Silver	-	C/49 Zokhumi Hnamte	Northern Range	22.45 m
Bronze	-	ASI(M) Lalhlimpuii Hauhnar	PHQ Group	19.65 m

13. 200 m Race (Men)

Gold	-	C/222 R.Lalnunmawia	2 nd IR Bn	24.60 sec
Silver	-	C/133 Lalngaihawma	Northern Range	24.64 sec
Bronze	-	C/404 C.Lalnunmawia	2 nd Bn MAP	25.33 sec

14. 200 m Race (Women)

Gold	-	C/143 R.Lalnunhlimi	Red Group	33.71 sec
Silver	-	C/95 Liansangpuii Renthlei	Northern Range	34.43 sec
Bronze	-	W/C Elizabeth Lalbeiseii	PHQ Group	35.95 sec

15. 400 Mtrs. Race (Men)

Gold	-	C/374 Moody Lalfakawma	5 th IR Bn	58.54 sec
Silver	-	C/397 Lalnunfima	2 nd Bn MAP	58.68 sec
Bronze	-	C/327 K.Lalruatfela	2 nd Bn MAP	01.09 min

16. 400 Mtrs. Race (Women)

Gold	-	C/143 R.Lalnunhlimi	Red Group	1.20 min
Silver	-	W/C Elizabeth Lalbeiseii	PHQ Group	1.23 min
Bronze	-	C/204 Liansangpuii Renthlei	Northern Range	1.24 min

17. 4x100 Mtrs. Relay Race (Men)

Gold	-	2 nd Bn MAP
Silver	-	Northern Range
Bronze	-	1 st Bn MAP

- 18. 4x100 Mtrs. Relay Race (Women)**
 Gold - Red Group
 Silver - PHQ Group
 Bronze - Northern Range
- 19. Chinese Checker (Women only)**
 Gold - C. Lalnunsiami, Teacher 2nd Bn MAP
 Silver - W/C Zorampari Northern Range
 Bronze - SI(M) F.Lalnunsiami 3rd Bn MAP
- 20. Chess (Men)**
 Gold - C/208 K.Laldingngheta Northern Range
 Silver - Hav Vanlalvena 2nd Bn MAP
 Bronze - C/230 PC Lalruatdika 1st IR Bn
- 21. Chess (Women's individual)**
 Gold - C/GD H.Laldinchhungi Red Group
 Silver - HC(Opr) Teresa Lalnuntluangi Red Group
 Bronze - ASI(Opr) V.Salemthari Red Group
- 22. Draught (Men only)**
 Gold - R.Hrangzuala MPS Red Group
 Silver - Inspr(M) Khamliana Sailo Northern Range
 Bronze - Const. Jessy Lalrintluanga 4th IR Bn
- 23. Carrom (Men's Singles)**
 Gold - IV Gde. C.Lalsiammawia PHQ Group
 Silver - C/602 B.Tum Singh Chakma 5th IR Bn
 Bronze - SI Lalthavela 3rd Bn MAP
- 24. Carrom (Men's Doubles)**
 Gold - SI Lalthavela & Nk R.Vanlalhuala (3rd Bn MAP)
 Silver - Hav RK Lalthafamkima&C/30 H.Lalrinmawia(PHQ Group)
 Bronze - Nk F.Lalmawizuala &C/522 K.Zonunsanga (1st Bn MAP)
- 25. Carrom (Women's Singles)**
 Gold - HC(Opr) Ngurthankimi Red Group
 Silver - IV Grd. Zothanpari 3rd Bn MAP
 Bronze - W/C Laltanpuui Northern Range
- 26. Carrom (Women's Doubles)**
 Gold - Ngurthankimi & PC Lalremruati Red Group
 Silver - Lalthannguri & Zothanpari 3rd Bn MAP
 Bronze - ASI(M) Vanlalchhuangi & W/C Laltanpuui N. Range
- 27. Table Tennis (Men's Singles)**
 Gold - HC(Opr) H.Laltanpuia Red Group
 Silver - SI H.Lalchawimawia Northern Range
 Bronze - C/ Pauthanzama 2nd Bn MAP
- 28. Table Tennis (Men's Doubles)**
 Gold - HC(Opr) H.Laltanpuia & C/ Lalnunhlma Red Group
 Silver - SI MS Dawngliana & C/ Lalhruaizela Northern Range
 Bronze - C/ Lalbiakzama & C/ Tlanghmingthanga 4th IR Bn
- 29. Table Tennis (Women's Singles)**
 Gold - HC(Opr) Lalbiaknii Red Group
 Silver - SI(M) Laltanpuui PHQ Group
 Bronze - ASI(M) HT Lalbiaknungi PHQ Group
- 30. Table Tennis (Women's Doubles)**
 Gold - HC(Opr) Lalbiaknii & HC(Opr) Lallianpuui(Red Group)
 Silver - SI(M) Laltanpuui & ASI(M) HT Lalbiaknungi(PHQ Group)

Bronze - SI Christie Fanai & W/C Renghlupuii (Northern Range)

31. Badminton (Men's Singles)

Gold - HC(Opr) Lalmuanawma Red Group
Silver - HC(Opr) Samuel Lalnunmawia Red Group
Bronze - Lalnunpuia 2nd Bn MAP

32. Badminton (Men's Doubles)

Gold - Lalmuanawma & Samuel Lalnunmawia Red Group
Silver - Lalthanliana & Lalbiaksanga 3rd Bn MAP
Bronze - Lalthlamuanpuia & Lalnunpuia 2nd Bn MAP

33. Badminton (35+ Doubles)

Gold - Zokunga Hauzel & Lalbiaknia 2nd Bn MAP
Silver - Lalbiakmawia & RC Sangzuala PHQ Group
Bronze - A.Vanlalhmuaka & PC Lalrinliana 2nd Bn MAP

34. Badminton (45+ Doubles)

Gold - Lalbiakthanga Khiangte & C.Lalthanmawia NR
Silver - Laldawngliana & A.Vanlalhmuaka 2nd Bn MAP
Bronze - LR Dingliana Sailo & Lalmuanpuia PHQ Group

35. Badminton (50+ Doubles)

Gold - C.Laldina & Lalmuanpuia PHQ Group
Silver - PC Lalchhuanawma & Laldingliana PHQ Group
Bronze - Lalrohluia & RF Zauva Northern Range

36. Badminton (G.O Doubles)

Gold - H.Ramthlengliana & Dr. V.Lalremruata 2nd IR Bn
Silver - C.Lalruaia & K.Lalremsanga NR
Bronze - David H.Lalthangliana & Ruatsanga Ralte PHQ Group

37. Badminton (Women's Singles)

Gold - Lalrinzuali MRHG
Silver - Lalduhzuali Red Group
Bronze - Lalhlunchhungi MRHG

38. Badminton (Women's Doubles)

Gold - Lalhlunchhungi & Lalrinzuali MRHG
Silver - Lalduhzuali & Lallianpuui Red Group
Bronze - Laltanpuui & Deborah Zodingliani PHQ Group

39. Volley Ball (Men)

Gold - 2nd IR BN
Silver - 3rd Bn MAP
Bronze - Northern Range

40. Volley Ball (Women)

Gold - Northern Range
Silver - PHQ Group
Bronze - Red Group

41. Hockey (Men only)

Gold - 1st Bn MAP
Silver - PHQ Group
Bronze - 1st IR Bn

42. INSAS RIFLE (Standing)

Gold - Inspr. F.Lalhmingliana 1st Bn MAP
Silver - SI H.Lalramnghaka 3rd Bn MAP
Bronze - Pu Lallianmawia, MPS Southern Range

43. INSAS RIFLE (Kneeling)		
Gold	- SI CC Vanlalngheta	1 st Bn MAP
Silver	- C/87 Lalchhuansanga	2 nd Bn MAP
Bronze	- Pu C.Lalnunmawia, MPS	Northern Range
44. INSAS RIFLE (Prone)		
Gold	- Inspr. F.Lalhmingliana	1 st Bn MAP
Silver	- Pu Lallianmawia, MPS	Southern Range
Bronze	- Pu Saidingliana, MPS	2 nd IR Bn
45. .303 RIFLE (Standing)		
Gold	- SI CC Vanlalngheta	1 st Bn MAP
Silver	- LFM S.Lalremruata	Red Group
Bronze	- Pu Lallianmawia, MPS	Southern Range
46. .303 RIFLE (Kneeling)		
Gold	- Pu Lallianmawia, MPS	Southern Range
Silver	- SI HC Vakhu	2 nd Bn MAP
Bronze	- Inspr. F.Lalhmingliana	1 st Bn MAP
47. .303 RIFLE (Prone)		
Gold	- Inspr. F.Lalhmingliana	1 st Bn MAP
Silver	- Inspr. Bijoy Gurung	Red Group
Bronze	- C/283 Zohmingsanga	2 nd IR Bn
48. 9mm Pistol (Squatting)		
Gold	- Inspr. CS Lalrinzuala	PHQ Group
Silver	- SI C. Lalramhluna	1 st IR Bn
Bronze	- SI CC Vanlalngheta	1 st Bn MAP
49. 9mm Pistol (Standing)		
Gold	- Inspr. F.Lalhmingliana	1 st Bn MAP
Silver	- Inspr. Bijoy Gurung	Red Group
Bronze	- SI Lalrinmawia Ralte	1 st Bn MAP
50. 9mm Pistol (Prone)		
Gold	- Inspr. F.Lalhmingliana	1 st Bn MAP
Silver	- SI H.C. Vakhu	2 nd Bn MAP
Bronze	- C/619 Lalbiakzauva	3 rd Bn MAP.
51. .22 Rifle (Standing)		
Gold	- ASI(M) PC Lalchawikungi	1 st Bn MAP
Silver	- C/54 Vanlalrinzuali	Southern Range
Bronze	- ASI(Opr) Marina Lalnuntluangi	Red Group
52. .22 Rifle (Kneeling)		
Gold	- HC(Opr) Vanlalhruaii Ralte	Red Group
Silver	- C/55 Ramdinmawii Sailo	Southern Range
Bronze	- ASI(Opr) Marina Lalnuntluangi	Red Group
53. Boxing (Fly Weight)		
Gold	- H.Laldinsanga	1 st Bn MAP
Silver	- C.Zomuanpuia	2 nd Bn MAP
Bronze	- Lalruatfela	Red Group
	Laldawngliana	5 th IR Bn.
54. Boxing (Bantam)		
Gold	- R.Lalhmunsiam	2 nd Bn MAP
Silver	- Jerry Malsawmkima	Red Group
Bronze	- Ralngamthanga	2 nd Bn MAP
	Israel Hmingthansanga	1 st Bn MAP

55. Boxing (Light)			
Gold	- C.Lalhmingmuana	2 nd Bn MAP	
Silver	- Chawngghmingthanga	Northern Range	
Bronze	- Lalmuana	1 st Bn MAP	
	Laldawngliana	1 st Bn MAP	
56. Boxing (Light Welter)			
Gold	- C.Lalhruaiawma	2 nd Bn MAP	
Silver	- J.Lalhmingmawia	Red Group	
Bronze	- C.Lalawmpuia	5 th IR Bn.	
	Lalrinmawia	5 th IR Bn	
57. Boxing (Welter)			
Gold	- Lalzuiliana	1 st Bn MAP	
Silver	- V.Lalhmangaiha	Red Group	
Bronze	- Lalthansanga	2 nd Bn MAP	
	Hualdingliana	1 st Bn MAP	
58. Boxing (Middle)			
Gold	- ASI Gnat Lalrinchhana	PHQ Group	
Silver	- Z.Lalmuanzuala	4 th IR Bn.	
Bronze	- Vanlalzuala	5 th IR Bn.	
	Lalduhthlana	4 th IR Bn.	
59. Boxing (Light Heavy)			
Gold	- R.D.Chhuana Fanai	Red Group	
Silver	- Zodinsanga	PHQ Group	
Bronze	- F.Lalrinmawia	4 th IR Bn.	
	Lalnunmawia	Red Group	
60. Boxing (Heavy)			
Gold	- Ngurdingliana Sailo	3 rd Bn. MAP	
Silver	- F.Lalruattluanga	1 st Bn. MAP	
Bronze	- B.Lalremsanga	4 th IR Bn.	
	Lalramluaha	Red Group	
61. Boxing (Super Heavy)			
Gold	- J.H.Chunglianthanga	PHQ Group	
Silver	- Lalhlimpuia	Northern Range	
Bronze	- P.L.Hmingsanga	PHQ Group	
	P.C.Thangkima	PHQ Group	
62. 100 Mtrs. Race (Women)			
Gold	- C/143 R.Lalnunhlimi	Red Group	15.13 sec
Silver	- C/95 Liansangpuii Renthei	Northern Range	15.93 sec
Bronze	- C/91 Renghlupuii	Northern Range	17.22 sec