



XVI MIZORAM POLICE SPORTS MEET 2015

CONTINGENT-WISE MEDAL SCORE

S.N.	CONTINGENT	GOLD	SILVER	BRONZE	TOTAL
1	CENTRAL RANGE (AIZAWL DEF & TRAFFIC)	21	9	11	41
2	RED GROUP (MPRO/ACB/F&ES/FSL)	12	12	9	33
3	PHQ GROUP (PHQ/SECURITY/CID SB/CRIME/PTS/SECRETARIAT)	10	13	11	34
4	2 ND BN. MAP	10	7	6	23
5	1 ST BN. MAP	9	11	13	33
6	NORTHERN RANGE (KOLASIB DEF & 1 IR BN.)	6	3	2	11
7	NORTH-EAST RANGE (CHAMPHAI DEF/2 IR BN.)	4	6	3	13
8	5 TH IR BN.	4	5	6	15
9	3 RD BN. MAP	3	11	11	24
10	3 RD IR BN.	1	4	2	7
11	WESTERN RANGE (MAMIT DEF/ 4 IR BN.)	1	1	2	4
12	SOUTHERN RANGE (LUNGLEI/LAWNGTLAI/SAIHA/SERCHHIP DEF)	1		6	7

FINAL RESULTS

I. ATHLETICS

RACE

1) 4 x 100 mtrs Relay (Men)

Medal	Rank & Name	Contingent	Record
Gold	C/307 R.Vanlalfela	3 rd Bn. MAP	48.17 S
	C/276 R.Lalhmingmawia		
	C/192 R.Lalnunsanga		
	C/168 Zohmingmawia		
Silver	C/216 Lalfakzuala	1 st MAP	49.01 S
	C/328 C.Lalnunmawia		
	C/717 Zothantluanga		
	C/348 Lalhriatkima Colney		
Bronze	C/132 Lalhruaitluanga	Central Range	49.20 S
	C/111 Lalsangbera		
	C/393 Lalramtharmawia		
	ASI Tommy Zonunsanga		

2) 4 x 400 mtrs Relay (Men)

Medal	Rank & Name	Contingent	Record
Gold	C/433 Lalbiakhlua	1 st Bn.MAP	3.50.95 min
	C/547 F.Lalrinpuia		
	C/328 C.Lalnunmawia		
	Const. Lalfakzawma		
Silver	Const. R.Lalhmingmawia	3 rd Bn.MAP	3.56.24 min
	Const. Lalropuia		
	C/492 Vanlaldika		
	Const. Zohmingmawia		
Bronze	C/374 Moody Lalfakawma	5 th IR Bn.	4.03.75 min
	C/545 A.Lalrozika		
	C/238 Lalruatkima		
	C/295 C.Laldawngkima		

3) 100 mtrs (Men)

Medal	Rank & Name	Contingent	Record
Gold	C/111 Lalsangbera	Central Range	11.62 Sec
Silver	C/328 C.Lalnunmawia	1 st Bn.MAP	11.80 Sec
Bronze	C/192 Lalnunsanga	3 rd Bn.MAP	12.34 Sec

4) 100 mtrs (Women)

Medal	Rank & Name	Contingent	Record
Gold	HC. R.Lalnunhlimi	Central Range	14.70 Sec
Silver	C/277 Liansangpuii Renthlei	Central Range	16.63 Sec
Bronze	Const. C.Lalrintluangi	PHQ Group	17.40 Sec

5) 200 mtrs (Men)

Medal	Rank & Name	Contingent	Record
Gold	C/433 Lalbiakhlua	1 st Bn.MAP	23.23 Sec
Silver	C/111 Lalsangbera	Central Range	24.28 Sec
Bronze	C/547 F.Lalrinpuia	1 st Bn.MAP	24.53 Sec

6) 200 mtrs (Women)

Medal	Rank & Name	Contingent	Record
Gold	HC. R.Lalnunhlimi	Central Range	30.81 sec
Silver	C/277 Liansangpuii Renthlei	Central Range	35.40 sec
Bronze	HC(Opr) FVL Hmuchhuaki	RED Group	35.48 sec

7) 400 mtrs (Men)

Medal	Rank & Name	Contingent	Record
Gold	C/374 Moody Lalfakawma	5 th IR Bn.	54.00 Sec
Silver	C/392 C.Lalhmingmuana	2 nd Bn.MAP	55.65 Sec
Bronze	C/492 Vanlaldika	3 rd Bn.MAP	55.78 Sec

8) 1500 mtrs (Men)

Medal	Rank & Name	Contingent	Record
Gold	C/106 K.Lalawmpuia	2 nd Bn.MAP	4.37.80 min
Silver	C/257 James Ramfangzauva	5 th IR Bn.	4.56.67 min
Bronze	C/421 Vanhmingliana	2 nd Bn.MAP	4.59.60 min

9) Cross Country Race (Men)

Medal	Rank & Name	Contingent	Record
Gold	C/106 K.Lalawmpuia	2 nd Bn.MAP	46:57:46 mins.
Silver	C/257 James Ramfangzauva	5 th IR Bn.	50:35:09 mins.
Bronze	C/421 V.Vanhmingliana	2 nd Bn.MAP	52:15:99 mins.

JUMPING

1) Long Jump (Men)

Medal	Rank & Name	Contingent	Record
Gold	C/242 Laldusanga	3 rd Bn.MAP	6.06 mtrs.
Silver	C/222 R.Lalnunmawia	North-East Range	5.86 mtrs.
Bronze	C/216 Lalfakzuala	1 st Bn.MAP	5.73 mtrs.

2) Long Jump (Women)

Medal	Rank & Name	Contingent	Record
Gold	HC.R.Lalnunhlimi	Central range	3.93 mtrs.
Silver	IV Grd. Lalmangaihzuai	5 th IR Bn.	3.66 mtrs.
Bronze	C/160 Saidingpuii Sailo	Central Range	3.50 mtrs.

3) Triple Jump (Men)

Medal	Rank & Name	Contingent	Record
Gold	C/222 R.Lalnunmawia	North-east Range	12.10 mtrs.
Silver	C/77 Zoremsiama Renthlei	2 nd Bn.MAP	11.88 mtrs.
Bronze	Const. Joel Lalroenga	North-east Range	11.87 mtrs.

4) High Jump (Men)

Medal	Rank & Name	Contingent	Record
Gold	C/77 Zoremsiama Renthlei	2 nd Bn.MAP	1.73 mtrs.
Silver	C/328 C.Lalnunmawia	1 st Bn.MAP	1.71 mtrs.
Bronze	C/395 Vanlalnggheta	2 nd Bn.MAP	1.61 mtrs.

5) High Jump (Women)

Medal	Rank & Name	Contingent	Record
Gold	HC(Cip) Lalnuntluangi	RED Group	1.23 mtrs.
Silver	HC. R.Lalnunhlimi	Central Range	1.21 mtrs.
Bronze	HC(Opr) Lalmuanpuii	RED Group	1.14 mtrs.

THROWING

1) Discus Throw (Men)

Medal	Rank & Name	Contingent	Record
Gold	C/48 R.Vanlalruata	2 nd Bn. MAP	33.89 mtrs.
Silver	C/405 Lalbiakzuala Ralte	2 nd Bn. MAP	33.45 mtrs.
Bronze	Hav. C.Lalhuma	North East Range	29.30 mtrs.

2) Discus Throw (Women)

Medal	Rank & Name	Contingent	Record
Gold	C/87 Zodintluangi	Central Range	24.50 mtrs.
Silver	C/160 Saidingpuii Sailo	Central Range	21.59 mtrs.
Bronze	Flr. PC.Vanlalawmpuii	RED Group	20.93 mtrs.

3) Javelin Throw (Men)

Medal	Rank & Name	Contingent	Record
Gold	C/530 L.H Vensanga	North-East Range	42.70 mtrs.
Silver	C/183 T.C Vanlalhruaia	3 rd Bn.MAP	41.00 mtrs.
Bronze	C/44 Lalfakawma	1 st Bn.MAP	39.21 mtrs.

4) Javelin Throw (Women)

Medal	Rank & Name	Contingent	Record
Gold	C/87 Zodintluangi	Central Range	32.45 mtrs.
Silver	C/GD PC.Vanlalawmpuii	Red Group	24.58 mtrs.
Bronze	C/277 Liansangpuii Renthlei	Central Range	17.96 mtrs.

5) Shotput (Men)

Medal	Rank & Name	Contingent	Record
Gold	C/405 R.Lalbiakzuala	2 nd Bn. MAP	11.08 mtrs.
Silver	C/48 Vanlalruata	2 nd Bn.MAP	10.53 mtrs.
Bronze	C/242 Laldusanga	3 rd Bn.MAP	10.42 mtrs.

6) Shotput (Women)

Medal	Rank & Name	Contingent	Record
Gold	C/87 Zodintluangi	Central Range	9.46 mtrs.
Silver	C/GD PC.Vanlalawmpuii	RED Group	8.32 mtrs.
Bronze	C/160 Saisingpuii Sailo	Central Range	8.16 mtrs.

II. CONTACT SPORTS**JUDO (MEN)****1) Below 66 Kgs**

Medal	Rank & Name	Contingent
Gold	C/342 R.Zothanpuia	Central Range
Silver	C/232 Lalhunruata	North-East Range
Bronze	C/606 Isaak Lalruatpuia	5 th IR Bn

2) 67 – 73 Kgs

Medal	Rank & Name	Contingent
Gold	C/91 V.Lalhmgangaiha	Central Range
Silver	C/213 Zoramzauva	North-East Range
Bronze	HC(Cip) Lalchhuanmawia	RED Group

3) 74 – 81 Kgs

Medal	Rank & Name	Contingent
Gold	C/126 Zodinsanga	Northern Range
Silver	C/11 R.Lalrochhara	PHQ Group
Bronze	C/49 Lalmuanpuia	5 th IR Bn.

4) 82 – 91 Kgs

Medal	Rank & Name	Contingent
Gold	HC. F.Vanlalruala	Central Range
Silver	Nk.Vanlalhruaia	3 rd IR Bn.
Bronze	C/103 Ngurlianzuala Sailo	3 rd Bn. MAP

5) Above 91 Kgs

Medal	Rank & Name	Contingent
Gold	HC. Dominic Lalremsiama	Central Range
Silver	C/228 Zosangzuala	Northern Range
Bronze	C/149 P.Lalchamlia	Southern Range

TAEKWONDO (MEN)**1) Below 58 Kgs**

Medal	Rank & Name	Contingent
Gold	C/191 Lalhmachhuana	Central Range
Silver	C/630 C.Laldingngheta	3 rd Bn.MAP
Bronze	C/66 Eddy Zonunmawia	1 st Bn.MAP

2) 59 – 68 Kgs

Medal	Rank & Name	Contingent
Gold	C/159 Lalruatkima	PHQ Group
Silver	C/1020 Lalrinkima	Central Range
Bronze	C/263 F.Lalrotawnga	2 nd Bn. MAP

3) 69 – 80 Kgs

Medal	Rank & Name	Contingent
Gold	C/302 C.Vanlalhuma	Central Range
Silver	C/126 Zodinsanga	Northern Range
Bronze	C/299 Lalthlengliana Sailo	3 rd Bn. MAP

4) Above 80 Kgs

Medal	Rank & Name	Contingent
Gold	C/401 H.Vanlalhriata	Central Range
Silver	C/46 V.Lalrinzuala	PHQ Group
Bronze	C/324 PC.VL.Remtluanga	1 st Bn. MAP

WRESTLING/MIZO INCHAI (MEN)**1) Below 60 Kgs (Pate)**

Medal	Rank & Name	Contingent
Gold	C/105 H.Laldinsanga	1 st Bn.MAP
Silver	C/195 B.Chalngaihchama	3 rd IR Bn.
Bronze	C/295 C.Laldawngkima	5 th IR Bn.

2) 61 – 75 Kgs (Palaihawl)

Medal	Rank & Name	Contingent
Gold	C/126 Zodinsanga	Northern Range
Silver	HC(Cip) Lalchuanmawia	RED Group
Bronze	IV Grd. Lalrinpuia	5 th IR Bn.

3) Above 75 Kgs (Palian)

Medal	Rank & Name	Contingent
Gold	C/228 Zosangzuala	Northern Range
Silver	C/200 Lalramnghaka Zote	3 rd Bn.MAP
Bronze	C/103 Ngurlianzuala Sailo	3 rd Bn.MAP

BOXING (MEN)**1) Fly Weight (49 – 52 Kgs)**

Medal	Rank & Name	Contingent
Gold	Nk.Ralngamthanga	Northern Range
Silver	Const.C. Laldingngheta	3 rd MAP
Bronze	C/212 Lalruatfela	Central Range

2) Bantam Weight (52 – 56 Kgs)

Medal	Rank & Name	Contingent
Gold	Const.Lalthafamkima	Central Range
Silver	Const.Ramdinliana	2 nd Bn. MAP
Bronze	HC K Zohmingliana	Red Group

3) Light Weight (56 – 60 Kgs)

Medal	Rank & Name	Contingent
Gold	Const.C.Lalhmingmuana	2 nd MAP
Silver	Const.H.Laldinsanga	1 st BN. MAP
Bronze	Const.C.Lalawmpuia	5 th IR Bn.

4) Light Welter Weight (60 – 64 Kgs)

Medal	Rank & Name	Contingent
Gold	Const.Lalnunhlua	Southern Range
Silver	Const.Laldawngliana	Western Range
Bronze	Const.Ramluahmawia	PHQ Group

5) Welter Weight (64 – 69 Kgs)

Medal	Rank & Name	Contingent
Gold	HC(Opr) Lalmuanpuia	Red Group
Silver	Const.Chawngghmingthanga	PHQ Group
Bronze	Const.Israel Hmingthansanga	1 st Bn. MAP

6) Middle Weight (69 – 75 Kgs)

Medal	Rank & Name	Contingent
Gold	Const. C.Lalhruaiawma	2 nd MAP
Silver	Const.Jerry MS Zadeng	Central Range
Bronze	Const.Hualdingluaia	1 st MAP

7) Heavy Weight (75 – 81 Kgs)

Medal	Rank & Name	Contingent
Gold	Const.Lalzuiliana	1 st MAP
Silver	Const.Lalzamlova	3 rd IR Bn.
Bronze	Const.Lalramluaha	Central Range

8) Super Heavy Weight (above 91 Kgs)

Medal	Rank & Name	Contingent
Gold	Const.LR Bawlliana	Central Range
Silver	Const.RD Chhuana	Central Range
Bronze	NK Vanlalhruaia	3 rd IR Bn.

III. OUTDOOR MAJOR GAMES

FOOTBALL (MEN)

Medal	Contingent
Gold	1 st Bn. MAP
Silver	3 rd Bn. MAP
Bronze	Central Range

TUG OF WAR (MEN)

Medal	Contingent
Gold	2 nd Bn. MAP
Silver	1 st Bn. MAP
Bronze	Central Range

VOLLEYBALL (MEN)

Medal	Contingent
Gold	North-East Range
Silver	3 rd Bn. MAP
Bronze	PHQ Group

VOLLEYBALL (WOMEN)

Medal	Contingent
Gold	Central Range
Silver	RED Group
Bronze	PHQ Group

HOCKEY (MEN)

Medal	Contingent
Gold	1 st Bn. MAP
Silver	Northern Range
Bronze	PHQ Group

BUGLER

Medal	Rank & Name	Contingent
Gold	C/580 Lalfakawma	North-East Range
Silver	Nk. Vanlalruata	5 th IR Bn.
Bronze	Nk. PK Barman	PHQ Group

BAND

Medal	Contingent
Gold	1 st Bn. MAP
Silver	2 nd Bn. MAP
Bronze	3 rd Bn. MAP

Best Band Master: Hav. J. Vanlalliana of 2nd Bn. MAP

MARCH PAST

Medal	Contingent
Gold	3 rd Bn. MAP
Silver	1 st Bn. MAP
Bronze	3 rd IR Bn.

GO LAWN TENNIS

Medal	Rank & Name	Contingent
Gold	Rex Zarzoliana Vanchhawng, MPS, Addl.SP(A)	Central Range
Silver	H.Ramthlengliana, MPS, SP (Security)	PHQ Group
Bronze	PC.Lallawmsanga, IPS, Principal Secretary, DM&R	PHQ Group

IV. INDOOR GAMES**BADMINTON****1) Team**

Medal	Contingent
Gold	RED Group
Silver	3 rd Bn.MAP
Bronze	PHQ Group

2) Single (Men)

Medal	Rank & Name	Contingent
Gold	HC(Opr) Samuel Lalnunmawia	RED Group
Silver	HC(Opr) Lalmuanawma	RED Group
Bronze	Const. Lalawmpuia	North-East Range

3) Single (Women)

Medal	Rank & Name	Contingent
Gold	HC Lalduhzuali	Central range
Silver	SI(M) Laltanpuui	PHQ Group
Bronze	HC Deborah Zodingliani	Western Range

4) Double (Men)

Medal	Rank & Name	Contingent
Gold	HC(Opr) Lalmuanawma	RED Group
	HC(Opr) Samuel Lalnunmawia	
Silver	Const. K.Zoramzauva	North-East Range
	Const. Lalawmpuia	
Bronze	Const.Lalbiakmawia	3 rd Bn.MAP
	Const. Lalbiaksanga	

5) Double (Women)

Medal	Rank & Name	Contingent
Gold	HC.Lalduzuali	Central Range
	ASI Zasangi	
Silver	SI(RM) Zosangliani	RED Group
	ASI(Ftr) Zoramthari	
Bronze	SI(M) Laltanpuui	Central Range
	SI(M) Lalrawngbawli	

6) 45+ Double (Double)

Medal	Rank & Name	Contingent
Gold	H.Ramthlengliana MPS	PHQ Group
	Rodingliana Chawngthu, MPS	
Silver	R.C Sangzuala	PHQ Group
	Lunghnema	
Bronze	SI(M) Saihmingliana	1 st Bn.MAP
	Nk. R.Lalmuankima	

7) 50+ Double (Double)

Medal	Rank & Name	Contingent
Gold	PC Lallawmsanga, IPS	PHQ Group
	PC.Lalchhuanawma, MPS	
Silver	Hav.Lalhuma	North-East Range
	Hav. Rinchungnunga	
Bronze	SI Eldy	1 st Bn.MAP
	SI Lalchhuanawma	

8) GO Single (Men)

Medal	Rank & Name	Contingent
Gold	H.Ramthlengliana, MPS	PHQ Group
Silver	Ruatsanga Ralte, MPS	Central Range
Bronze	Stephen Lalrinawma, MPS	Southern Range

9) GO Double (Men)

Medal	Rank & Name	Contingent
Gold	H.Ramthlengliana, MPS	PHQ Group
	Rodingliana Chawngthu, MPS	
Silver	C.Lalruaia, MPS	3 rd IR Bn.
	K.Lalremsanga, MPS	
Bronze	Zosangliana, MPS	Southern Range
	Stephen Lalrinawma, MPS	

TABLE TENNIS**1) Team**

Medal	Rank & Name	Contingent
Gold	C. Lalruatkima MPS	PHQ
	SI R.Lalsangzuala	
	SI Albert VL Ruatpuia	
	Const. Albert LC Tluanga	
	Const. B.Chhandama	
Silver	Hav. Thangzamuana	3 rd Bn. MAP
	Const. Lalbiakzama	
	Const. Tlanghmingthanga	
	Const. Lalthazuala	
	Const. Robert Lalduhzuala	

Bronze	Romil Baaniya IPS	Southern Range
	Francis Lalnuntluanga Ralte MPS	
	B. Laldingngheta MPS	
	Const. Lalsangzuala	
	Const. Lalsangliana	

2) Single (Men)

Medal	Rank & Name	Contingent
Gold	SI R.Lalsangzuala	PHQ Group
Silver	Const. Albert L.C Tluanga	PHQ Group
Bronze	Const. Lalsangzuala	Southern Range

3) Single (Women)

Medal	Rank & Name	Contingent
Gold	HC(Opr) Lalbiaknii	RED
Silver	SI(M) Laltanpuii	PHQ
Bronze	SI(M) T.Lalpartlani	RED

4) Double (Men)

Medal	Rank & Name	Contingent
Gold	SI R.Lalsangzuala	PHQ
	Const. Albert LC Tluanga	
Silver	HC(Cip) H.Laltanpuia	RED
	HC(Opr) Eddie VL Remruata	
Bronze	B.Laldingngheta MPS	Southern Range
	Const. Lalsangzuala	

5) Double (Women)

Medal	Rank & Name	Contingent
Gold	SI(M) T.Lalpartlani	RED
	HC(Opr) Lalbiaknii	
Silver	HC(Opr) Lalnuntluangi	RED
	HC(Opr) Vanlalhruaii Hmar	
Bronze	SI Lalmachhuani Sailo	Central Range
	HC Lalduhzuali	

CARROM

1) Single (Men)

Medal	Rank & Name	Contingent
Gold	Hav. H.Ramchangliana	3 rd IR Bn.
Silver	C/645 Rohmingliana	North East Range
Bronze	C.Lalzahngoa, MPS	Northern Range

2) Single (Women)

Medal	Rank & Name	Contingent
Gold	ASI(Cip) Lalbawisangi	RED Group
Silver	IV Grd. Lalthannguri	3 rd Bn. MAP
Bronze	IV Grd. Zothanpari	3 rd Bn. MAP

3) Double (Men)

Medal	Rank & Name	Contingent
Gold	C.Lalzahngoa, MPS	Northern Range
	Hav. Lalmuanpuia	
Silver	SI C.Hualthankunga	PHQ Group
	HC P.Lalchungnunga	
Bronze	Nk.C.Lalbiakpuia	3 rd Bn. MAP
	C/27 C.Lalnunzira	

4) Double (Women)

Medal	Rank & Name	Contingent
Gold	SI(Opr) Lalremruati	RED Group
	HC(Opr) Vanlalliani	
Silver	IV Grd. Lalthannguri	3 rd Bn. MAP
	IV Grd. Zothanpari	
Bronze	C/225 Zorampari	Central Range
	C/115 Zarzoliani	

CHESS

1) Single (Men)

Medal	Rank & Name	Contingent
Gold	Const. Khawtlangmawia	2 nd Bn.MAP
Silver	ASI(RM) Pahlira	Red Group
Bronze	SI(Cip) P.Lalchuanpuia	Red Group

2) Single (Women)

Medal	Rank & Name	Contingent
Gold	C/GD Laldinchhungi	RED Group
Silver	HC(Opr) Joycy Lalnunpuui	RED Group
Bronze	ASI(Opr) V.Salemthari	RED Group

V. SHOOTING

1) Rifle 100 yards (Standing)

Medal	Rank & Name	Contingent
Gold	Nk Lalmunsiamama	PHQ Group
Silver	C/574 C.Lalrinzauva	1 st Bn.MAP
Bronze	C/8 Lalthansanga	PHQ Group

2) Rifle 200 yards (Kneeling)

Medal	Rank & Name	Contingent
Gold	C/318 Zoliansanga	5 th IR Bn.
Silver	Inspr. R.Lalrinmawia	PHQ Group
Bronze	Inspr. F.Lalhmingliana	1 st Bn.MAP

3) Rifle 300 yards (Prone)

Medal	Rank & Name	Contingent
Gold	C/559 Zoramthanga	Western Range
Silver	Nk.Lalhmunsiana	PHQ Group
Bronze	Hav.Lianzuala	2 nd Bn.MAP

4) Rifle 300 yards (3 Positions)

Medal	Rank & Name	Contingent
Gold	Inspr. F.Lalhmingliana	1 st Bn.MAP
Silver	C/574 C.Lalrinzauva	1 st Bn.MAP
Bronze	C/522 Lalbiakthuama	2 nd Bn.MAP

5) Rifle 300 yards (Snap)

Medal	Rank & Name	Contingent
Gold	Inspr.Lalmuanzova	Northern Range
Silver	Hav.Lianzuala	2 nd Bn.MAP
Bronze	C/8 R.Lalthansanga	PHQ Group

6) Pistol/Revolver (15x Squatting)

Medal	Rank & Name	Contingent
Gold	Lallianmawia MPS	Central Range
Silver	Inspr. F.Lalhmingliana	1 st Bn.MAP
Bronze	HC(Opr) Peter Zohmangaiha	RED Group

7) Pistol/Revolver 50x Prone(Snap)

Medal	Rank & Name	Contingent
Gold	Inspr. F.Lalhmingliana	1 st Bn. MAP
Silver	Biaknunsanga MPS	5 th IR Bn.
Bronze	SI CC.Vanlalngeta	1 st Bn. MAP

8) Pistol/Revolver 50-30x Attack

Medal	Rank & Name	Contingent
Gold	Saidingliana Sailo MPS	RED Group
Silver	HC(Opr) Peter Zohmangaiha	RED Group
Bronze	C/59 Lalhmangaihtluanga	PHQ Group

9) Pistol/Revolver 25x REFLEX (Left & Right Hand)

Medal	Rank & Name	Contingent
Gold	Inspr. HC Vakhu	2 nd Bn. MAP
Silver	C/59 Lalhmangaihtluanga	PHQ Group
Bronze	C/729 Lalramhluna	1 st Bn. MAP

10) Carbine Submachine – 25x BC

Medal	Rank & Name	Contingent
Gold	Hav. K.Sanghmingthanga	5 th IR Bn.
Silver	SI CC. Vanlalngeta	1 st Bn. MAP
Bronze	C/513 Ramthianghluma	3 rd Bn. MAP

11) Carbine Submachine – 40x Standing

Medal	Rank & Name	Contingent
Gold	Inspr. R.Lalrinmawia	PHQ Group
Silver	HC(Opr) Vanlalrinchhana	RED Group
Bronze	Inspr. F.Lalhmingliana	1 st Bn.MAP

12) Carbine Submachine – 40x Kneeling

Medal	Rank & Name	Contingent
Gold	HC(Opr) Vanlalrinchhana	RED Group
Silver	Inspr. R.Lalrinmawia	PHQ Group
Bronze	C/290 Biakchungnunga	Western Range

13) Carbine Submachine – 50x Snap

Medal	Rank & Name	Contingent
Gold	Hav. H.Zirliana	5 th IR Bn.
Silver	SI CC. Vanlalngheta	1 st Bn. MAP
Bronze	Inspr.Lalmuanzova	Northern Range

Best Athlete (Men) : H.Ramthlengliana, MPS (PHQ Group)
Gold-3, Silver-1

Best Athlete (Women) : HC H.Lalnunhlimi (Central Range)
Gold-3, Silver-1

(R.LALBIAKKIMA)
Dy. SP(C), MPRO
&
Recorder
XVI Mizoram Police Sports Meet, 2015