

# Mizoram Management for De-Addiction-Cum-Rehabilitation Centre (Alcoholic and Drugs Addict) Rules, 1993

*Published vide Notification Mizoram Gazette, Extraordinary, dated 27.9.1993*

*ner304*

1. **Short title, extent and commencement.**- These rules may be called the Mizoram Management for De-addiction-cum-Rehabilitation Centre (Alcoholic and Drugs Addict) Rules, 1993.

(1) These rules shall be extend to the whole of the State of Mizoram.

(2) They shall come into force from the date of Publication in the Official Gazette.

2. **Definitions.**- In these rules, unless the context otherwise requires:-

(a) *Act* means Narcotic Drugs and Psychotropic Substances Act, 1985.

(b) *Addict* means a person addicted to any narcotic drug or psychotropic substances.

(c) *Alcoholic* means a person addicted to excessive drinking of an alcohol.

(d) *Centre* means the De-addiction-cum-Rehabilitation Centre.

(e) *Committee* means classification committee under rule 14.

(f) *Competent Authority* means the Director or Centre Director as the case may be.

(g) *Department* means Social Welfare Department.

(h) *Director* means Director of Social Welfare Department.

(i) *Forms* means Application forms for Criminal and non-criminal under rule 27.

(j) *Government* means the Government of Mizoram.

(k) *Gazette* means Official Gazette of Mizoram.

(l) *Inmates* means a person admitted in the Centre.

3. **Procedure for admission.**- Admission shall be open to both criminal and non-criminal addicts. For admission into the De-addiction-cum-Rehabilitation Centre, admission procedures shall be as follows:

(a) Criminal addicts may be admitted on the basis of Judgement passed by the competent Court subject to the availability of seats in the Centre.

(b) For non-criminal addicts admission shall be on Voluntary basis. An application for admission shall be sent to the Centre Director, and will be decided by the competent authority subject to the availability of seats in the Centre.

(c) In cases of criminal and non-criminal addicts seeking admission, Admission forms prescribed by the competent authority with separate undertaking from parents/Guardians and applicants concerned shall be conformed.

(d) Inmates shall abide by the rules and regulations of the Centre and any violation of the rules or directions of the Director of the Centre may entail disciplinary action as deemed proper by the competent authority.

4. **Organisation set up.**- (1) The Centre will have four units, namely-

(1) De-Addiction,

(2) Counselling,

(3) Rehabilitation, and

(4) After-care Units.

(2) **De-Addiction Unit.** - In this unit the senior most Medical Officer/Psychiatrist will be the Officer in charge. Under him all Medical staffs including laboratory staffs will function.

In this unit, all the illness including withdrawal symptoms will be given medical care and the inmates shall remain as long as treatment is required. The inmate will be shifted to the Counselling unit only after the Medical Officer is satisfied that the inmate is fit for admission into the next unit.

(3) **Counselling Unit.** - The aim of this unit is to prepare the inmates so as to enable them choose the best way for their future life. They must be convinced that rehabilitation is their last chance to quit drugs/alcohol and the evil effects of Drugs/Alcohol must clearly be explained to them. The inmate must be helped to select the most suitable line of training available in the Centre. While selecting the best line, the option of his parents must also be taken into consideration. The training programmes are Tailoring, Carpentry, Education and Games and Sports.

(4) **Rehabilitation Unit.** - In this unit all inmates will be imparted training, education and guidance according to the line of programme selected by them in the counselling unit.

This unit will be the place where the inmates would spend the longest period of their stay. As part of recreation, the inmates would be exposed to the outside environment in the form of trekking etc. as and when necessary and convenient.

(5) **After-care Unit.** - The main aim of an After-care unit is to assist the ex-addict/alcoholic when he is released from the Centre and returns to normal life. It is to complete the process of rehabilitation of an addict/alcoholic and to prevent the possibility of his relapse into a life of dependence. It is a follow-up programme after a certain period of care, treatment and training in a rehabilitative unit. Realising the importance of family, special attention shall be given to the family relationships and the counsellors/social workers will maintain liaison with the inmates and their families.

5. **Powers and duties of the Centre Director.**- (1) Subject to the orders of the Director, the Centre Director shall manage the Centre in all matters relating to establishment, discipline, control and expenditures.

(2) He shall assign job responsibilities to all subordinate staffs including Medical Officers working in the Centre.

(3) He shall submit monthly Progress Report to the Director.

(4) Any other duties assigned to him by the Director from time to time.

6. **Record of Inmate's Property.**- (1) An entry shall be made in the proper column of the inmate Register, indicating the property found on him/her on admission or that may be afterwards received upon his account.

(2) In the case of jewellery, particulars should be given as to its weight, size and shape.

(3) After all necessary entries are made in the Register, list of property shall be read over to the inmates in the presence of the Centre Director or Medical Officer and his property shall at the same time be shown to him. If the entries and articles are acknowledged to be correct, the inmates shall be required to sign the Register.

(4) At the time of release, all property shall be handed over to the inmate or parents/Guardians and an entry be made in that behalf in the Register, such entry shall be signed by the Centre Director.

7. **Disposal of property.**- Unauthorised property/particulars found on an inmate in any occasion shall be disposed of in the manner as decided by the Centre Director. In the case of drugs or liquor, obscene picture or literature, they must be destroyed in the presence of

the Centre Director.

8. **Prohibited articles.**- No person shall, except with written permission of the Centre Director or Medical Officer of Centre, carry into the Centre any of the prohibited articles mentioned below:

- (1) bhang, ganja, opium and other narcotic or psychotropic substance.
- (2) alcohol and spirit of every description.
- (3) fire-arms.
- (4) any other articles specified in this behalf by the State Government by general or special orders to be prohibited articles.

9. **Daily Routine.**- A well regulated daily routine shall be made for the inmates on the following aspects:

- (1) regulated discipline life,
- (2) physical exercise,
- (3) educational classes,
- (4) vocational training,
- (5) organised recreation,
- (6) Games,
- (7) Moral education,
- (8) group activities,
- (9) Prayer and
- (10) Group singing.

10. **Diet.**- Diet shall be prepared in consultation with Nutrition experts so that the diet becomes balanced, nutritious and varied. Nutrition Officer of the Department shall inspect the diet at least once in a month. Special diet may be provided on National Days and Festivals.

11. **Visit of the inmates.**- The parents or near relatives of the inmates shall be allowed to visit an inmate once in two week on Saturday. However, in special cases more frequently visit

may be allowed with the permission of the Centre Director.

12. **Time for interview.**- The Centre Director shall fix the days and hours for interviews and no interview shall be allowed at any other time except with the special permission of the Centre Director. A notice of day and hour fixed for interviews shall be posted in the Centre.
13. **Termination of interview.**- If there is sufficient cause any interview can be terminated at any moment. But in every such case the reasons for terminating the interview shall be reported immediately for orders of the senior officer present in the Centre.
14. **Classification Committee.**- An inmate shall be classified according to his educational and vocational training needs, possibilities of his social adjustment, his mental and physical health, his prospect after release and his rehabilitation needs.

The Classification Committee shall consist of the following:

Centre Director	Chairman
Medical Officer	Member
Psychologist	Member
Physical Instructor	Member
Vocational Instructor	Member
Social Worker	Member-Secretary

The Classification Committee shall periodically meet to consider and review the following points:

- (1) Custodial care
- (2) Area of activity
- (3) individual problems of inmate
- (4) Family contacts and adjustments
- (5) Educational
- (6) Vocational Training
- (7) Social adjustment
- (8) Recreation
- (9) Group work activities
- (10) Medical care

- (11) Moral education
- (12) Games and Sports
- (13) Aftercare and
- (14) any other matter which the Centre Director may like to bring up in the meeting.

15. **Maintenance of case files.**- Separate file for each inmate shall be maintained in the Centre. Each file shall contain, among others, the following information:

- (1) Age, health condition and medical certificate
- (2) information from previous Centre/institution, if any
- (3) family history
- (4) social history
- (5) Reports from Medical Officer
- (6) Leave and other privileges granted
- (7) violation of rules and regulation
- (8) special achievements
- (9) observation Reports from De-addiction Unit
- (10) Progress Report
- (11) initial interview reports
- (12) any other information/reports that may be considered necessary by the Centre Director.

16. **Identity Photographs.**- On admission, every inmate shall be photographed and three copies of the photographs shall be made. One photograph shall be kept in the file of the inmate, another shall be fixed in the Index card and the third one in an Album serially. The negative shall also be kept in a safe custody.

17. **Admission of outsiders.**- No outsider/stranger shall be admitted into the premises of the Centre except with the permission of the Centre Director or the written permission of the Director.

18. **Visitor's Book.**- A Visitor's Book shall be maintained in the Centre for visitors to record the dates of their visits with any remarks or suggestions which they may think proper.
19. **Procedure when unnatural death occurs.**- Whenever a sudden or violent death of suicide has taken place in the Centre, immediate notice shall be sent to the Centre Director and the Medical Officer, and the body shall, if life be extinct, be left in the position in which it was found pending inspection by these Officers.
20. **Report by Centre Director.**- In the case of every death other than natural causes, a postmortem examination of the body shall be made by the Medical Officer and a full report on the whole circumstances of the death shall be sent by the Centre Director to the Director.
21. **Custody of articles facilitating suicide.**- Any articles/instrument used in vocational training etc. shall be counted over and locked up by the official concerned. Care shall be taken that no article/instrument is used for suicidal purposes in the Centre.
22. **Training of personnel.**- The State Government may provide for training for personnel of each category of staffs in keeping with their responsibilities and specific job requirements. The training programme may include:

(1) training of newly recruit staffs,

(2) refresher course for every staffs of the Centre at least once in 3 years,

(3) Seminars, workshops, etc. at various levels of the personnel organisation.

23. **Leave.**- No leave shall be granted to inmate while under receiving medical treatment. Special leave may be given by the Centre Director only in the cases of death of any one of his family members or marriages.
24. **Hunger Strike.**- If an inmate has become unconscious or otherwise unable to feed himself on account of hunger strike, the Medical Officer shall issue orders for his being forcibly fed unless in his opinion such forcible feeding will itself be harmful to the inmate's life.

If an inmate is conscious and able to feed himself, the Medical Officer, in his discretion, direct the inmate to be forcibly fed, if in his opinion it is the only means of saving his life.

25. **Intimation to relative of the serious illness of an inmate.**- In case of serious illness of an inmate, timely notice shall be sent to his nearest relative and a telegraphic intimation upon his death.
26. **Procedure on death of an inmate.**- In the event of the death of any inmate, the Medical Officer shall see and examine the body of the deceased inmate. He shall submit his findings to the Centre Director for official record and if necessary for further action.
27. **Forms.**- Admission Form (for Criminal and Non-Criminal)
28. Name & Address:
29. Age:

- 30. Father's/Guardian Name:
- 31. Marital Status:
- 32. Whether Criminal and: non-Criminal, If criminal Case No.:
- 33. Whether the addicts was on:

- (a) Heroin
- (b) Medical Drugs
- (c) Liquor
- (d) Ganja etc.

7. Indicate whether the applicant was earlier admitted into Remand Home/Other De-addiction Centres or in the present De-addiction Centres.

If yes, mention briefly your experience during stay in the Home/Centre and result.

8. State briefly applicant's background indicating home condition, occupation of parents and performance in the School/Colleges.

Admitted /Rejected  
(Signature of Competent Authority)

( )  
Name of Applicant  
Full Address

**Declaration to be Signed by Applicant/parents/guardian Before Admission**

I, ..... Name..... Age..... S/o / D/o / W/o..... of..... do hereby declare that I shall abide by the rules and regulations of the De-addiction-cum-Rehabilitation Centre and that I shall be liable for further action as deemed proper by the competent authority on default of any rule or rules of this Centre.

1. ( )

Signature of Applicant

I understand above declaration and I undertake the responsibility that my son/ward will abide by the rules of the Centre.

2. ( )

Signature of Parents/Guardian



