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MOST IMMEDIATE

No.1/Police(L)/2024(5)-877

INTELLIGENCE BUREAU

(Ministry of Home Affairs)

Government of India

New Delhi, the 30.05.2024

Shri Anil Shukla
Director General of Police
Mizoram

Sub: Annual visit of Police Party to Hot Springs in UT of Ladakh during August - September, 2024.

Sir,

In pursuance of the decision taken in IGsP Conference 1960, a group of 30 police personnel from various States and Central Police Forces, visit Hot Springs (Ladakh) every year to pay homage to 10 valiant police personnel, who had laid down their lives in the service of the nation on October 21, 1959, in an unequal combat with heavily armed Chinese troops. A brief on the incident is enclosed. Keeping up with the tradition, a representative Police Party would visit the Hot Springs in August - September this year as well.

2. Hot Springs is situated at an altitude of 15,400 ft. near LAC in Ladakh. The journey between Chandigarh and Hot Springs, via Kullu, Keylong, Sarchu, Leh and Phobrang is covered by road, with a break/rest of 2 days at Leh for acclimatisation.

K. 31/5
AIGP (Hrs)

3. At such a high altitude, persons suffering from ailments like blood pressure, diabetes, hypertension, pulmonary diseases, etc. are at a risk of falling sick. Hence, Police officials **of and below the age of 40 years and medically fit to undertake the journey only**, are included in the Police Party. Such officers are required to get themselves medically examined by a competent authority and to **carry the fitness certificate compulsorily while reporting at Chandigarh**. Joining instructions for members of the Police Party and programme of the visit are enclosed.

4. It is, therefore, requested to kindly nominate an officer of your Police Force for the proposed visit. Those officers who had already undertaken the visit in the past need not be nominated again. The nomination may be communicated by **June 30, 2024** on e-mail polconf.secy-mha@gov.in, in the enclosed format. Names of officials included in this year's representative Police Party would be informed by the first week of July.

IGP (Hrs)
31/5/24

IGP (Hrs)
31/5/24

Yours faithfully,

(Samir S. Ilme)
Joint Director &
Conference Secretary

DGP (M)
30/5/24

Encl: As above.

RECEIVED
DGP (M)
NO. 660
DATE 30/5/24

AIGP (Hrs)

3/6/24

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Pilgrimage to Hot Springs

Till the autumn of 1959, Indian Police had been administering and patrolling 2,500 miles of normally peaceful frontier of India with Tibet. This required living in extremely difficult conditions at heights generally over 7,000 ft., often up to 18,000 ft., and more than 100 miles away from the nearest inhabited village. In this frontier region, which was devoid of habitation and vegetation, it was not considered necessary to have any permanent Post. Hence, Police parties used to go out from bases in the interior, patrol these regions during every summer and camp there till onset of winter.

2. In September 1959, a team of police officials, which was on expedition to Lanak-La, had reached Hot Springs in third week of October 1959. On October 20, 1959, three reconnaissance parties of two constables each were sent to reconnoiter the nearby areas. While two reconnaissance parties returned to Hot Springs by 1600 hrs, the third party comprising Constables namely S/Sh. Mohd. Khalil & Sonam Dorje and a porter Sh. Chhetan did not return. Immediately, two search parties were sent to find out the whereabouts of aforesaid third party. However, both the parties returned around midnight without finding any trace of the lost men.

3. On the next morning (October 21, 1959), Sh. Karam Singh (DCIO) led a search party comprising about 20 personnel of ITBF & CRPF. At around 1300 hrs, they encountered some Chinese army personnel on a hillock, who opened fire and threw grenades. As there was no cover available, ten of them were martyred on the spot. Those who made the supreme sacrifice were identified as under:-

- i) Const. Puran Singh
- ii) Const. Dharam Singh
- iii) Const. Norbu Lama
- iv) Const. Tshering Norbu
- v) Const. Hangjeet Suba
- vi) Const. Sarwan Dass
- vii) Const. Shivnath Prasad
- viii) Const. Beg Raj
- ix) Const. Iman Singh
- x) Const. Makhan Lal

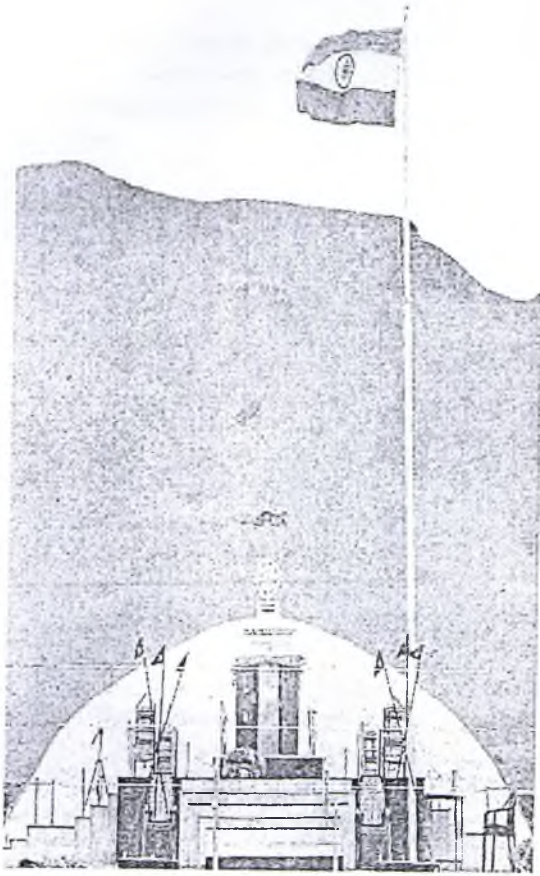
4. Seven personnel including Sh. Karam Singh were taken as hostages by the Chinese. Mortal remains of the 10 gallant CRPF men and the seven hostages were returned by the Chinese on November 13, 1959. The Martyrs were cremated with full police honours at Hot Springs itself.

5. In pursuance of the decision taken at IGsP Conference 1960, representatives from various State Police Forces in the country undertake the pilgrimage to Hot Springs in Ladakh every year from the year 1961 onwards to pay homage to the martyrs at the memorial at Hot Springs.

DETAILS OF NOMINATED OFFICER/OFFICIAL

Name & Designation	Place/Unit of Posting	Date of Birth	Cadre & Batch (for IPS Officer Only)	Contact details of nominated officers
				Mobile No., E-mail ID (gov.in/nic.in) & Phone No. of officer/place of posting

PILGRIMAGE
TO
HOTSPRINGS
UT OF LADAKH, 2024



JOINING IN

LOCATION:

Hot Springs is situated in Ladakh. This region is devoid of vegetation. It is situated at a distance of 18 Kms from T

CLIMATE:

The climate is very cold. Therefore, extra heavy winter

CLOTHING:

As the climate is very cold, the Police Party should bring with them for the journey from Kullu to

- (a) Woollen Shirts
- (b) Woollen Jersey
- (c) Woollen Socks
- (d) Woollen Inners/big size socks
- (e) Long Johns / Underpants
- (f) Woollen Cap/Cap Balaclava
- (g) Dark Sun Glasses
- (h) Ceremonial Uniform

NOTE:

I. Snow clothing like sleeping bag (Sleeping Mat) and Haul Bag/ Lip guard/sunscreen with sunglasses supplied by ITBF, on request :

II. Each member of the team is to carry two pairs of night suits, two pairs of trousers, one Pair of civilian

On arrival at Chandigarh members may contact following officers:-

1. Shri Baljit, DCIO (Mob.: 9650550344)
2. Shri Japreet, ACIO-I (Mob.: 9815744600)
3. Shri Hussain Danish, ACIO-I (Mob.: 7004882726)

Do's and Don'ts

Any place at a height above 10,000 ft from sea level can be called a high altitude area and the person visiting such areas are susceptible to acute mountain sickness.

Sign and Symptoms of Mountain Sickness

- a) Headache
- b) Disturbed sleep
- c) Loss of appetite
- d) Nausea
- e) Coughing
- f) Irregular breathing
- g) Breathlessness
- h) Lack of concentration
- i) Pinkish frothy sputum

General advice for members of police party

- * Take complete rest for first 24 hours after arrival.
- * Take as much water or liquids (like tea) as one can. Hot or lukewarm water may be preferred.
- * Avoid physical exertion or exercise. Avoid smoking and drinking.
- * Take as much rest as possible for first 36 hours. Symptoms of acute mountain sickness generally develops within 36 hours.

- * One's body gets use level after 2-3 day individual to individual above measures like
- * Above mentioned pre ways for natural accli
- * Mountain sickness c taking the drug Acetaz mg twice a day, for 2-3 to high altitude area. continued for 2-3 days